



CORNERSTONE CHILDREN'S CENTRE
611 Fifth Street, Nelson, BC, V1L 2X1
250-352-9910 cornerstone@fbcnelson.ca

DAILY SCHEDULE (September - June)

7:30 am	Centre Opens
7:30 - 9:30	Free play in centres (planned art activity, playdough, science, water/sand table, books, dramatic play and blocks, etc)
9:30 - 9:45	Clean-up/toileting/hand washing for snack-time
9:45 - 10:15	Snack-time
10:15 - 10:45	Circle-time; 4-5 yr olds group & 2.5-3 yrs old group
10:45 - 12:00 pm	Outside-time or gym-time
12:00 - 1:00	Lunchtime
1:00 - 3:00	Nap-time for sleepers
1:00 - 1:45	Rest-time for non-sleepers
1:45 - 3:00	Free play for those children not required to sleep or those who wake up from nap time
3:00 - 3:30	Snack-time
3:30 - 5:00	Outside time or gym time (weather & season dictating)
5:00 - 5:30	Children come inside for quiet play (books, art, playdough, etc)
5:30 pm	Centre Closes