



CORNERSTONE CHILDREN'S CENTRE AFTER  
SCHOOL PROGRAM  
AT HUME ELEMENTARY SCHOOL

PARENT HANDBOOK

611 Fifth Street, Nelson, B.C.

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A Ministry of the First Baptist Church.

## WELCOME TO CORNERSTONE!!

Childcare is the heart of the matter, for both parents, Guardians and Caregivers. Cornerstone acknowledges and respects your trust in us to care for and educate your School Age Care children.

Cornerstone recognizes the vital role that parents play in every aspect of child development, that home and family remain the Centre of your child's life. We strive to complement home and family life, not to substitute it; therefore, a certain amount of parent involvement is expected.

Please take some time to read through this handbook, as it explains the **POLICIES AND PROCEDURES** of our Centre. You will be given a **Parent/Caregiver Agreement** form to sign that will indicate that you understand and have agreed to abide by all our policies and procedures.

If you have any question or concerns, please bring them to us, your feedback is important.

## OUR HISTORY

In September 1992, several mothers (from First Baptist Church) decided to start a play group for family support, child development and pleasure. In October of that year a one morning-a week drop-in program began. A man's group at the church provide seed money for supplies, donated material and built equipment to supply adequate furnishings. Initially toys were loaned to the group, with new toys being donated or purchased later.

This Play Group experienced tremendous success in early 1993 and the idea of parent involvement preschool evolved, the core of which remains a vital part of our program today.

In 2000 an After-school program was implemented. This program ran successfully for several years until cuts in government funding rendered it unaffordable for most families, and therefore no longer financially viable for Cornerstone Children's Centre to operate.

In 2006, in response to the Childcare Crisis, we amended our license to a Group Childcare (School Age Care) Program, thus adding 20 much needed childcare spaces to our community. These programs and our Centre continue to grow and develop, aided by grant monies and generous support of many of our families.

In 2021 we again responded to the need to increase our School Age Care program. We licensed a new facility at Hume Elementary School, operating out of their gym. We are now licensed for 48 school age children.

## **OUR PHILOSOPHY**

The name, Cornerstone summarizes the history of our philosophy; that a child's home and family are foundation of all early learning and care experiences and that each experience builds upon this foundation. Therefore, at Cornerstone we seek to work together with parents/guardians to construct the best possible out-of-home care and learning environments for all children.

Each child is recognized and valued as an individual, created in the image of a loving and welcoming God. Each child's needs, values, and culture are respected, and in this way we all learn to appreciate each other, our shared environment, and our individual place in this world.

First Baptist Church welcomes all Cornerstone Families, and along with praying for us regularly, they will pass on information about special church services and celebrations.

Our Program at Cornerstone continues to evolve, striving to keep aware of the latest and most updated insights and theories within the School Age Care environment. This Philosophy challenge us to think outside the box, to see children in a new and very exciting light. At Cornerstone we will endeavor to document this learning on an ongoing basis, making it visible for the children, parents, and caregivers.

The purpose of documentation is multi-faceted; it educates, informs, helps children and caregivers reflect upon their shared experiences, enabling deeper learning experiences, and it creates accountability between caregivers and parents, and between caregivers and children. It demonstrates that striving to be in tune and to observe with both our eyes and ears to the ordinary moments in a child's day, where learning and growth happen. It invokes questions and encourages us to explore and seek answers and ultimately ask more questions!

## **GUIDANCE**

Guidance, in this context, is defined as a supportive and non-threatening approach to children when conflict or inappropriate behavior arises. This approach preserves relationships and strengthens social skills. All staff must use the following techniques in attempt to achieve the above goals:

- Develop a respectful relationship with each child.
- Provide a warm, nurturing, and secure atmosphere.
- Plan balanced, age-appropriate activities.
- Reinforce appropriate behavior.

From time-to-time inappropriate behavior will arise. Staff are expected to handle these situations using positive and supportive techniques such as:

- Natural and/ or logical consequences.
- Modeling appropriate behavior, as children learn through imitation.
- Diverting or changing children's activities.
- Acknowledging children's feelings and helping them learn to express them in a socially conscience manner.

Any form of "discipline" that compromises children's physical and/or emotional wellbeing is prohibited.

Examples of this include, but are not limited to:

- Corporal punishment on the part of the staff, a parent/guardian, or another child/group of children.
- Deliberate harsh or degrading measures that humiliates or undermine a child self-respect.
- Locking entry doors or using a locked room or structure for that purpose of confining a child.
- Denying a child's basic needs, such as food, clothing, or bedding.

Denying is immeasurably different than a child refusing these items of their own fruition.

### **A word on Children with challenging behaviors**

Some children come with a unique set of challenges, for themselves and those around them. At times, these situations can look and feel very frightening to the other children.

Please do not hesitate to talk to the staff about such circumstances should they arise. Also, please be aware that in these cases the Ministry is almost always involved in some capacity, either through supported childcare or counseling, and an approved care plan will be, or has been, established for implementation and documentation purposes.

## OUR POLICIES AND PROCEDURES.

| Centre                      | Hours of operation                   | Age of children                               | Fees                                   |
|-----------------------------|--------------------------------------|---|--|
| At Hume School              | 8:00 am-5:00pm                       | 2 <sup>nd</sup> grade – 6 <sup>th</sup> grade | \$49.00/ Full days                     |
| Cellphones # by Group       | Kinder and grade one<br>250 777 2306 |   | Group (second- six grade) 250 777-8052 |
| Cornerstone Children Centre | 8:00am-5:00pm                        | Kindergarten & Grade one                      | \$10.00/day                            |

### Drop off and Pick up Times.

**Cornerstone Children’s Centre is open Monday to Friday.** Children can be dropped off at **8:00 am** and must be picked by **5:00pm**. Late pick-up fee **-\$5.00 for every 5 min.** late or portion thereof. This will be applied to your following month’s bill.

### Fees and Financial Arrangements

Fees and Financial Arrangements The financial viability and continued operation of Cornerstone Children’s Centre is dependent upon childcare fees being paid in full and on time. Fees must be payable on (first Month Payment by June 28<sup>th</sup>) (Second month Payment by July 24<sup>th</sup>), . Parents will receive an invoice for the upcoming month’s **You may lose your spot if you haven’t pay by the fays mentioned above.** You can talk to the Director to arrange payments.

Payments can be done by:

1. E-Transfer (to [sacnelsondaycare@gmail.com](mailto:sacnelsondaycare@gmail.com))
2. Check

### Affordable Childcare Benefit

Parents/guardians are responsible for applying and re-applying as necessary for the BC Affordable Childcare Benefit. This Benefit program does not cover 100% of childcare fees. Parents/guardians receiving the benefit are responsible for the portion of their childcare fees not covered by the Benefit.

## **Childcare Cancellation/Termination of Care**

Parents/guardians **are required to give one month notice**, in writing, if they wish to terminate care. For absents parents/guardians are required **to give two weeks' notice**.

If a cheque is returned for non-sufficient funds and therefore fees have not been paid on time a note will be placed on the parent's statement requesting the parent contact the Director of Childcare Program to arrange payment or an action plan for payment. There will be a \$25.00 banking charge levied by Cornerstone Children's Centre on all NSF cheques.

### **TERMINATION OF SERVICES:**

We are committed to providing a caring and supportive environment for all families. When a conflict arises, staff will make every attempt to work with the child and family to resolve the issue to the mutual satisfaction of all parties. However, we will not **compromise the mission and values of Cornerstone Children's Centre**, nor put staff or children participating in the program, at risk. The Programmer may come to the decision that it is no longer appropriate for the child to continue involvement in the program.

Listed below are situations that would warrant termination of services.

### **BEHAVIORAL CONCERNS:**

Cornerstone Children's Centre have the resources and training to deal with a child whose behavior requires ongoing, significant intervention. After all the resources the staff have been used with a child, Cornerstone will take the following steps.

#### **Three warnings Breakdown**

**One warning;** Talked to the parent about the issue.

**Second Warning;** one week suspension.

**Third Warning;** Two weeks Suspension.

**After having tried everything possible with a child and family the Termination of service will be effective.**

### **INAPPROPRIATE CONDUCT:**

A family will be asked to leave the program if any member of the family harasses, threatens, or commits a violent act toward a staff person, child, or other family involved in the out- of- school programs. **Cornerstone Children's Centre has 0tolerance of Violence.**

### **Late Pick-up:**

If a family is routinely late in picking up their child, and staff are unable to resolve this issue with the family, they will be asked to leave the program.

### **Non- Payment of Fees:**

The Manager/Director will work with families if there is a nonpayment of fees. However, if the Manager is unable to resolve this issue, the family will be asked to leave the program until all fees are paid in full.

### **Late Pick-up Policy**

If a parent/guardian is more than 5 minutes late to pick up their child/ren, a fee of \$5.00 per portion of each subsequent 5 minutes will be charged. Should extenuating circumstances arise beyond the parent's control that cause the late to pick up their child, the Director will have the discretion to waive the late fee. If a parent/authorized individual fails to inform the center one hour before center closure that they will be delayed, the child will be released to their emergency contact. If no authorized person can be reached, the child/children will be released to the Ministry of Children and Family Development. The late pick-up fee(s) will be charged on the next invoice and shown separately. The parents will be required to sign the Late Pick-up book to confirm that the child was picked up later.

### **Statutory Holidays and Other Closures**

Cornerstone Children's Centre is closed for all statutory holidays. Parents will not be charged for these days. In the event of **a** **SD#8 sch**



## **Health Matters**

All the staff members will follow the universal precautions to prevent the transmission, of germs/or disease. Specially now with Covid 19.

### **These include:**

- ✓ Washing hands with soap and water before preparing food and after using the washroom. When water is not available use hands sanitizer.
- ✓ Using bleach or approved sanitation solution to clean surfaces that have come in contact with bodily fluids.
- ✓ Using latex gloves when encountering bodily fluids.
- ✓ Sanitize all the tables, chairs, toys, and materials that the children have used.  
Masks will be worn when inside any building.
- ✓ Maintaining distance between children and other staff most of the time.
- ✓ We ask parents/guardians to keep the children at home if they or a family member is ill.

### **When to Keep Your Child at Home**

There are three important issues in determining when a child is too ill to attend a day care. This requirement is based on.

- a) Protecting other children from communicable disease
- b) Ensuring the comfort and safety of the child who is ill, and
- c) The capacity of the program to care for a sick child (we cannot spare one staff to care for one child)

### **Do not send your child when he/she has any of the following conditions.**

Chicken Pox \*Measles \*Scabies \*Discharge from the eye \*Mumps \*Strep Throat \*Head Lice or Nits \*Parasite \*Tuberculosis \*Hepatitis \*Pink Eye \*Vomiting \*Impetigo \*Rash \*Whooping Cough \*Ringworm \*Rubella \*Hand/Foot/Mouth.

### **The following is a list of conditions for which you are asked to keep your child at home:**

- a) Difficulty in breathing – wheezing.
- b) Fever of 37.8 C (100 F) degrees or more in the previous 24hrs
- c) Infected skin or eyes, or an undiagnosed rash
- d) Diarrhea or vomiting
- e) Known or suspected communicable disease.

a) part in any of the regular programs (outdoor play) and activities.

## **COVID-19 PROTOCOL**

### **PROTOCOL FOR STAFF**

As a staff, we will...

- Complete a daily health check. Stay home when sick.
- Frequently wash hands.

### **PROTOCOL FOR PARENTS**

As parents, we expect you to...

- Complete a daily health check with their child before dropping them off. Keep children home if they are symptomatic.
- If you need to contact the staff / your child throughout the day, please use the following phone number 250-505-4148 or 250 777 8052.

### **PROTOCOL FOR CHILDREN**

For your children's safety, we will...

- Practice hand hygiene and not to share their food.
- Encourage kids to tell staff when they are not feeling well.
- Spend most time outdoors.
- If your child has any symptoms of COVID 19, we will isolate him/her, contact you and request that you pick up your child immediately.

## **COVID 19 POLICY & PROCEDURES**

### **\*POLICY - subject to change**

**STAYING HOME:** When you are ill is one of the most important things all of us need to keep doing. It can be difficult to tell the difference between a cold and allergies and influenza and

b) Parents are also required to keep their child at home if the child is not well enough to take COVID-19 and as a result, the first step for everyone is to stay home when we are not 100% healthy.

**ILLNESS:** If your child has any symptoms, i.e.: runny nose, cough, fever etc., parents will be called to pick up their child.

- IF your child has only 1 symptom, they need to stay home and be monitored for 48 hrs. After 48 hours if your child has no symptoms, they are welcome back into the Centre.
- IF your child has 2 or more symptoms after the 48 hours, you are requested to have a note from your doctor or a negative COVID test result for your child to return to the Centre.
- IF any member of your household is isolating or has received a positive COVID test, your child must stay home until that person is cleared.
- IF you are not feeling well, please do not come to the Centre, but send your child with someone else.

The above policy applies to all our staff. Masks are a personal decision for each of our staff. Masks are not an indication of illness, but of personal preference, especially when we have new families coming in, and unfortunately when everyone does not keep physical distance.

If a child, family member, or staff member should test positive for COVID 19, we will submit an Incident Report to our Licensing Officer, and she will walk us through the process that we need to follow.

## **PROCEDURES**

We are following the protocols set out by the ECEBC, Interior Health, BC Medical Director, and Dr Henry. Procedures and protocols may change as we continue to respond to the Covid virus.

Parents, please let us know that you are there to pick up by texting us. Follow physical distancing protocols.

1. Please send a pair of indoor shoes for the child to leave them at cornerstone.
2. As the child enters the center, we do a health check. The child changes to indoor shoes and we encourage them to wash their hands or sanitize them. If your child is not feeling well, please keep them home for 48 hours and monitor them. If anyone in your household is self-isolating, your child must be kept home as well.
3. Please discourage your child from bringing toys or stuffiest and Pokémon cards to the Centre. Please understand that we are following these procedures to ensure the safety of all concerned, but especially your children.

**As we proceed, we will re-evaluate and make changes as necessary. Once you have read this material, we ask that you sign an acknowledgment agreeing to these policies and procedures.**

### **When a Child becomes sick during the Day**

A staff member will phone to ask you to come and pick up your child if he/she becomes ill. Your child will be made as comfortable as possible and closely supervised by staff. He/she may be isolated from other children to prevent the spread of any illness. If you are unavailable, we will contact the emergency contact person listed on the registration form.

### **Medication**

Cornerstone School Age Care will not administer medication unless a consent form outlining instructions is signed by the parent/guardian, presented, and discussed with the supervisor. All the prescription drugs **MUST BE** in their original container and the expiry date clearly visible. Only medication prescribed by a doctor will be administered.

### **Record Keeping**

The School Age Care staff will keep a record which reflects unusual incidents (good or not). The Sac logbook will include notable instances (good and/or bad) interactions between staff and/or children with other children.

### **Arrivals and Departures**

Children registered in our program will be picked up at Hume school at the end of the school day. Parents/guardians **must** come in person to pick their children. The children will not be released until the parents/guardians have checked-in with the staff. Departure times will be used by the Supervisor to talk to the parents about how the day went.

- Before COVID 19 parents could come inside of the Centre and sign their children out. Now parents will pick their child (ren) outside of the building, and we (staff) sign them out.
- Children will not be permitted to leave the staff unless accompanied by an adult who has permission to pick-up the child.
- Children will not be released to anyone under the age of 14 and/ or without written consent from his/her parent or guardian.

### **Active Play/Screen Time policy**

Cornerstone School Age Care recognizes the importance of physical activity for children. The Implementation of appropriate physical activity practices supports the health and development of children in care, as well as assisting in establishing positive lifestyle habits for the future. The purpose of this policy is to ensure that children in care are supported and encouraged to engage in active play develop fundamental movement and skills.

We understand the importance of the practice of fundamental movement skills with the screen, but we believe the children have that in their homes and schools. All children will have the opportunity that are appropriate for their age, that are fun and with a lot of variety.

The development of any child requires a healthy lifestyle: eat well, get enough sleep and exercise. These are three elements that healthy adults can build in the future. When a child plays, his limbic system (also known as "emotional brain") kicks off; begins to feel pleasure and joy. Also, this is particularly important for the children to move freely, it helps to develop their senses, promote good posture, strength, and balance.

### **Daily Schedule**

Our program is Outdoor most of the time. Cornerstone Children's Centre will strive to provide a balance of structure and free play, of active and quiet time, and of indoor and outdoor play. We strive to maintain a balance of activities that enhance the development of each child.

Parents are responsible for providing lunch, and the snacks for their child/ren. We take into consideration any allergies and diet restrictions. It is therefore critical that you keep the staff informed of any changes to your child's dietary limitations.

### **Outdoor Play**

We take all children outside to play daily. Please pack and LABEL clothing for your child that is appropriate for the weather. In the winter, children should have suitable warm outerwear including boots, snow pants, hat, and mittens. In the spring, summer and fall your child will need a hat and sunscreen.

### **Field Trip and Walks**

You will be asked to give permission for your child to attend field trips outside of Nelson limit. A notice will be sent to parent/guardian prior to any planned field trip, informing you of the time and destination.

- Before each field trip, staff will visit the location to ensure the environment is both age-appropriate and free from any safety hazards.
- Emergency cards and first aid supplies are brought along on all excursions.

### **PLEASE LABEL ALL YOUR CHILD'S CLOTHING AND FOOTWEAR.**

Lunch boxes, containers, water bottles, towels, etc. Please be aware that we are not responsible for lost or damaged items. Any items brought at this time should be clearly marked with the child's name. Guns, toys with weapons, war toys and other toys of destruction are not permitted at any time. Your child will be offered alternate ways to express feelings of aggression, such as discussion, equipment plays, and activities.

## **APPREHENSION BY THE MINISTRY OF CHILD AND FAMILY SERVICES**

In the event that the Ministry should come to apprehend a child, staff members do not have the power to intervene.

### **Suspected Child Abuse**

We are required by law to report any incidents of suspected abuse and/or neglect to the Ministry for Children and Family and the Nelson City Police.

### **Suspicion of Abuse/Neglect**

In Cornerstone Children's Centre we strive to offer quality childcare. If at any time you have concerns about our program, please contact the Senior Supervisor of your child's program or the Director.

### **Appropriate Language and Behavior**

As this is a community-based organization that services young children. All adults coming into the Centre must use appropriate language and behavior. Threatening to participate daily with behavior by a parent or visitor will necessitate notifying the police. Cornerstone does not support coercive discipline (e.g., spanking, hitting) and parents will not be permitted do so at the Centre.

### **Release of Child.**

Children will not be released to anyone who is not listed on the child's registration form as an authorized person. You are responsible for providing written notification if there is a change in pick up arrangements. If an emergency arises during the day, and someone else must pick up your child, you are required to telephone the Centre and speak with a staff member and text or e-mail the information. If the person is unfamiliar to staff, you will have to provide us with the person's name, address, phone number and a physical description. The person will be required to show photo identification before staff will release the child.

### **Alleged impaired pick up.**

Upon suspicion that an adult who is picking up a child from our care is under the influence of drugs and/or alcohol, or is otherwise unable to protect the child, staff members are obligated to request that the individual does not leave the premise with their child. The staff may call an alternate adult to pick up the child as recommended by the parent. If the adult insists on leaving with the child by vehicle, the staff will notify the local police and inform them of the license plate number, direction that the adult has gone, and the address of the family. The Ministry of Children and Family will also be notified if staff feels the pickup person is unable to protect the child.

## **Custody**

If a custodial parent does not want a non-custodial parent to have access to their child at the Centre, we must have a copy of the custody papers and court orders on file. If a parent who is unauthorized, as outlined on the custody papers, arrives at the childcare facility, staff will ask him or her to leave and, if necessary, telephone the police for assistance.

## **EVERYDAY**

### **THINGS TO KNOW**

1. If your child has previously attended cornerstone, you may be familiar with the routine, but here are some important things to keep in mind...
2. Parents will be contacted around 4:00 pm daily to be inform where pick up will be.
3. If pick-up is inside Hume gym parents are required to contact us when they have arrived and must wait outside for their child.
4. Parents are no longer required to sign in or sign out their children. Drop off will be at Hume school gym unless informed otherwise.
5. If someone who is not on the emergency contact list is picking up your child, please inform the staff the day of, and provide the name and relationship of the person picking up.
6. Children should be prepared to walk to different destinations. Each child is responsible to carry their own backpack.

### **THINGS TO BRING**

Please provide your child with the following every day:

- A big water bottle.
- Appropriate clothing for the different season
- Indoor shoes (to leave at Hume)
- A big and healthy lunch (full days) or snacks for snack time at 3:00pm
- A hat, glove, winter jacket, boots, socks, snow pants (winter)
- Please, not toys from home.

If you do not provide your child with these daily, you will be informed by the sta





